The
HORNBILL GAZETTE

January 2019 Issue 14

Get a good nights sleep Page 2

Parent Questions Page 3

Road Safety Talks Page 7

What is Creativity, Activity & Service? Page 6

Give it Back Month a Huge Success

December was 'Give it Back' at Hornbill School and we tried to support a number of worthwhile causes as a way of saying thanks following on from the Nepali festival of Tihar and in the run up to Christmas.

The month started with the SSAFA big brew, with children attending school in their pyjamas and the committee providing hot chocolate for the children. SSAFA unveiled their new calendar which features the children's artwork on the front cover and a photograph of the whole school on September's page, **$570** was raised for SSAFA.

We also supported a food drive being organised by 7 Flight for a community in a local village by becoming a collection point. Year 2 children also paid a visit to the school in the village and spent time interacting with the children and took along donations of shoes, toothpaste and toothbrushes which they had been collecting.

The school council were an integral part of the month and one way they raised money was to set up a snack shop. They negotiated a great deal on ice lollies from the NAAFI and held two 'Treat Fridays' where they sold the ice lollies to the children and raised in excess of **$400**.

The profits were donated to two charities – The Gurkha Welfare Trust and Hornbill Helping Hands.

For the final give it back, we supported a charity called Penan Helping Hands who work with villagers from the Penan tribe. Children collected goods which were turned into a gift bag for each child attending the local school. Continued on Pg 5...

School Buses

Please be advised that the school buses are **not** organised via Hornbill School. For all enquiries re the school bus please contact Q.O.G.L.R.

Please also note that during times of flooding at Tuker Lines, buses may not be able to leave the MT area and may not be able to pick up children.

Learning to Learn
Building Learning Powers

The image left shows the learning outcome from Flamingo Class as children explore the values of powerful learning.

In this article we have shared with you ways in which you can help your child become a better learner at home.

Being interested, motivated and engaged in learning is important for all children if they are to take charge of their learning journey. But more importantly they need to understand **why** they're learning something. As your child grows you can help their learning by supporting them to observe more, listen to others, explore new concepts and ideas, experiment with different approaches to learning and encourage them to ask more questions.

Even if you think you don't know much about learning and teaching, **you are your child's first teacher**. Your child keeps learning from you over the years so you will need to model good learning behaviours in order for your child to develop these skills. Remember every time you say maths is hard you are fixing your child's mindset towards maths.

(see issue 12 for more information on fixed and growth mindsets).

Here are some practical tips for helping your child learn:

- Ask questions about what your child is doing and learning.
- Play rhyming games, letter games, and shape and number games with your child, and practise taking turns in games and activities.
- Use simple language, and play with words and word meanings – for example, you could clap out the syllables of words or play word association games.
- Keep reading to (and with) your child even when they can read for themselves.
- Let your child hear and see lots of new words in books, on TV or in general conversation, and talk about what the words mean.
- Help your child discover what they are good at by encouraging them to try lots of different activities.
- Encourage your child to try new things, to make mistakes and to learn through new experiences.
- Show an interest in your child's learning.
- Watch news bulletins together and talk about what's happening in the world.

Sometimes your child will need your emotional support for learning, as much as your practical help.

You can support your child emotionally by sensing when they are upset – for example, if they are struggling with a task, ask them how it's going and encourage new ways of looking at a problem.

Good Sleeping Habits

Help your child develop and maintain a good sleep pattern to become a better learner. The following is guidance from the Millpond Children's Sleep Clinic:

Age	Recommended Amount of Sleep
3 Years Old	Up to 45 minutes nap during the day plus between 11 hours 30 minutes and 12 hours at night
4 Years Old	11 hours 30 minutes
5 Years Old	11 hours
6 Years Old	10 hours 45 minutes
7 Years Old	10 hours 30 minutes
8 Years Old	10 hours 15 minutes
9 Years Old	10 hours
10 Years Old	9 hours 45 minutes
11 Years Old	9 hours 30 minutes

Good Eating Habits

It's important for children to have breakfast every day, but what they eat in the morning is crucial too. Choosing breakfast foods that are rich in whole grains, fiber, and protein while low in added sugar may boost children's attention span, concentration, and memory. Children who regularly eat breakfast also tend to keep their weight under control, have lower blood cholesterol levels and fewer absences from school.

Skipping breakfast can make children feel tired, restless, or irritable. Plus their mood and energy will drop by mid-morning - which is when crucial learning takes place.

Parent Questions

Each month we dedicate this page to answering questions parents have asked us.

Family Learning Programme Times

Question: A number of parents asked if the Family Learning Programme times can be changed.

We always try to put on a varied programme of events for parents to attend and we know that not every parent will wish to attend every event. However, we do try to accommodate as many parents as possible.

Answer: In December we sent home a parent survey asking for your opinion on the best time for FLPs. Here are the results:

Preferred Time	Response
1330hrs	15%
1400hrs	6%
1500hrs	2%
1600hrs	14%
1700hrs	**53%**
Other	10%

Therefore we will continue to run FLPs at 1700hrs as this is the time when the majority of parents can attend.

Open days in FS1 for new parents

Question: A few parents have asked that we plan in an open session for new parents of FS1 children the term before their child starts with us.

Answer: This has already been actioned and regular open sessions for new parents will be planned. The next open session is **Wednesday 20th February** and is open to all parents of FS1 children who will start school in April.

Handouts at FLPs

Question: At FLPs there are not always enough handouts to go around. Can we provide more?

Answer: It is always hard to know exactly how many handouts to print as we never know how many parents we will have attending.

To help, we will now have all slides and handouts uploaded onto our website. So if more people attend than we anticipated, parents can use their mobile devices to download the handouts etc.

Additionally this supports parents who can not attend the FLP or who need to recap on the FLP when they are at home.

If you have a question for the school that you feel could be answered publicly please contact the school office and we will post the answer / response in future editions of the Gazette.

Wednesday 6th February

Lion Dance Performance 0900hrs

Sunday 17th February

Panaga Football Funday

Tuesday 5th March

Pancake Day (All children will be served pancakes during the day)

Thursday 7th March

JSL Football at ISB

Friday 22nd March

School closes for the Easter Holidays

Thursday 14th March

Y5 & Y6 Badminton Tournament

Long Weekend

School will be closed on **Friday 22nd** and **Monday 25th** February

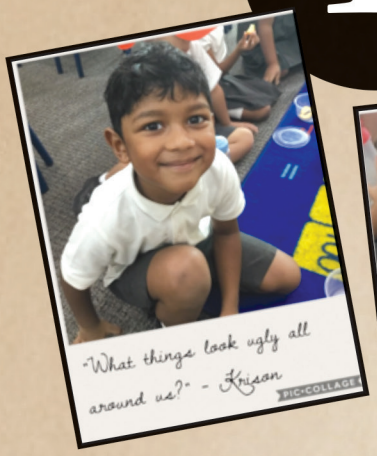
For all up-to-date calendar events please check our live calendar on the website:

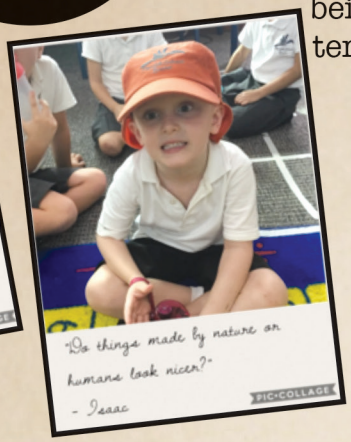
www.hornbillschool.com

Learning Phase 1

Year 1 – **Exploration of the Local Area**

Children in Year 1 visited the Chit Chat Community Centre and the NAAFI to identify environmental features. Year 1 used the Learning Power of **curiosity** when comparing man-made versus natural features in the environment. They were High Flyers by using **reflection** to discuss similarities and differences during their walk back in class. This led to a series of creative questions being posed that the children will explore further as the term goes on.





Foundation Stage 2

Children in FS2 took part in a fashion show for their parents as part of their Junction this term. Children showed off their great costumes to indicate what they want to be when they grow up. Some brave parents also showed off their costumes on the runway!

Back in class children used their Learning Powers of **creativity** to make an accessory such as a hat, bracelet, belt or handbag. Children and their parents also used their **communication skills** to design and construct fantastic accessories, which they modelled to each other!

continued from Pg1...

Items collected included clothing, flip flops, snacks, colouring pencils, small toys and hair bobbles, all of which were delivered to the village.

The generosity of the parents and children showed real compassion and care for others. This was truly **Values in Action.**

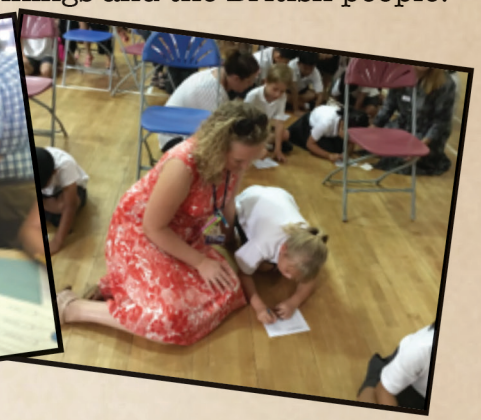
Learning Phase 2

Year 3 – **Connecting and comparing through time and place**

On Thursday 17th January children in Year 3 enhanced the use of their learning powers by:

- Stimulating deeper questions through having a Viking quiz
- Creating collages of the UK

This day was the entry point for their new pathway where they will be exploring and comparing and contrasting the geography of the UK with that of Nepal; also introducing the historically significant relationship between Vikings and the British people.



Year 4
Flying Lessons

Year 4 have been using Learning to Learn Flying Lessons as they continue their Pathway, 'Long walk to freedom' - where they explore the journey South Africa and Nelson Mandela took from conflict to peace to reconciliation.

Year 4 classes are having their Junction in late February. Hence, Flying lessons in Year 4 this week have mainly focused upon the learning power of 'reflection', 'communication' and 'energy' in relation to the Sharpeville massacre (March 21, 1960) - incident in the black township of Sharpeville, near Vereeniging, South Africa, in which police fired on a crowd of blacks, killing or wounding some 250 of them. It was one of the first and most violent demonstrations against apartheid in South Africa.

Year 5
Fantastical Worlds

Year 5 focused on JK Rowling's book, Harry Potter and the Philosopher's Stone. The children enhanced the use of their learning powers as they were taken on an adventure into the world of wizardry and magic. During the Junction they used their learning powers of **curiosity**, **creativity**, **communication** and **reflection** as they:

- Wrote letters to the Sorting Hat requesting a suitable House
- Had a presentation of House groups - as selected by the Sorting Hat
- Designed a banner as a House Team (including parents)
- Designed and made their own magical wand (including parents)
- Made creative houses within their new house groups

Year 5 wands are now ready for their first spell.

Creativity, Activity, Service, C.A.S.

As part of our Building Learning Power Community we have developed Collaborative Learning Opportunities through planned C.A.S. activities across the school.

Creativity, activity, service (CAS) enables pupils to enhance their personal and interpersonal development by learning through a wide range of experiences in collaboration with others which leads to pupils fostering a sense of accomplishment and enjoyment from their learning.

The three strands of CAS, are characterized as follows:

Creativity – arts, writing, dance and other experiences that involve creative thinking.

Activity – physical exertion contributing to a healthy lifestyle, learning a new sport or mastering an approach to sportsmanship.

Service – a voluntary service to the community such as School Council, Eco Warriors and News Reporting.

Each term children chose to take part in one aspect of CAS so that throughout one academic year they will have completed a full term each of Creativity, Activity and Service.

What is Collaborative Learning?

Broadly speaking, collaborative learning is a method of **active** learning that relies on two or more pupils learning together with a common goal.

Collaborative learning in primary schools isn't something that is 'done to' pupils: it's a **learning behaviour** and one of our key Learning Powers. Research shows that outcomes of collaborative learning include:

Improved Performance: Research shows that collaborative methods are much more valuable than individualistic methods in building student performance and progression.

Embedded Learning: A pupil is more likely to remember something learnt with and from a peer.

Confidence Building: Children recognise and value the importance of their own contributions.

Improved Psychological Health: A more collaborative approach leads to better emotional maturity.

Inclusivity: There is no such thing as an 'average' child, everyone brings their own strength and skills to learning.

Well-rounded Citizens: What we learn in childhood, we take into adult life.

The images on this page are from Term 1 CAS activities

This term CAS activities include:
(KS1) Outdoor Number Explorers, Creative Computing, Forest Schools, Chatterboxes and School Council

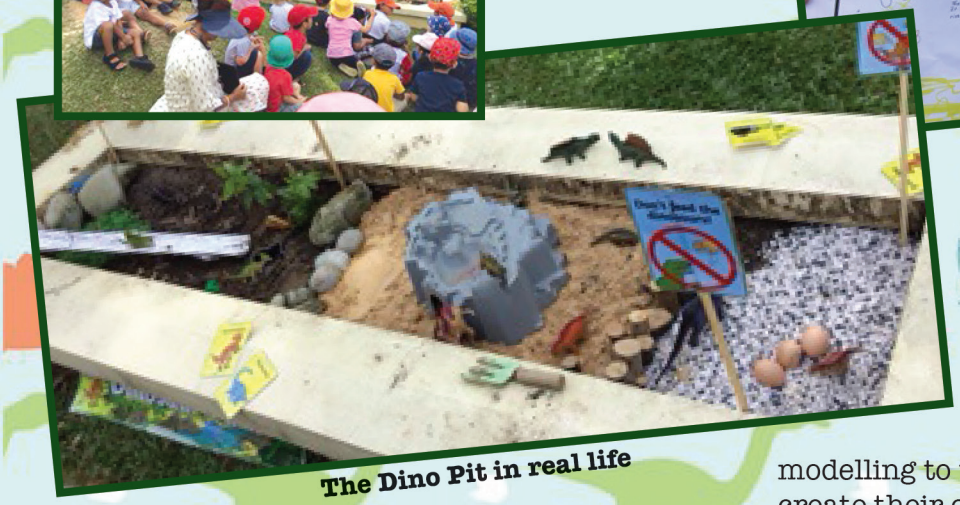
(KS2) Card Magic, Bench Ball, Gardening, CAS Leaders, Action for Animals

Children Leading Their Own Learning

On Tuesday 22nd January, FS2 officially opened their new **Dino Pit** in the FS Garden.

Dilani's winning design

The opening ceremony included a simulated volcano eruption (with the aid of coke and some mentos).



The Dino Pit in real life

Evyan's winning design

In Foundation Stage 2 CAS Mr Kenworthy worked with a group of children to design and build a Dino Pit. Children had to use their creative learning powers and their power of reflection to collaborate on a solution of too many dinosaurs roaming the FS Garden. After modelling to the children how to create their own designs, the CAS team quickly got into action and produced very well thought out Dino Pits.

Mr Kenworthy expressed how proud he was of the children's attitudes towards learning and how well they cooperated together to develop final outcomes.

Videos of the opening ceremony and the Dino Pit have been uploaded to the School Story on Dojo.

THINK

Road Safety

We have been very concerned about a number of children who are not showing correct road safety procedures on the way to and from school.

Please remind your child that they **must use the footpath** at all times. Additionally, children must use the zebra crossings when crossing the main roads.

Please remind your child to **look both ways** before crossing any road including when using a zebra crossing.

You are your child's first teacher. At night there are a number of parents and children walking down the centre of the road around school. This is giving your child mixed messages.

Please always THINK about Road Safety.

To ensure that all children have the correct Road Safety Message, we invited into school Sgt Saul RMP, to give talks to all children.

Together we can make walking to and from school safe for all of our children.

Bikers, please remember to wear a cycle helmet at all times when you are on the roads - even if you are with your parents. Be careful when turning onto a road. STOP, LOOK BOTH WAYS and then proceed if it is safe to do so.

SPORT UPDATE

Staff v Netball Team fun match on the last day of term.

Sports Round-up. January 2018

After a highly successful series of Sports Day events in November, the end of Term 1 was celebrated with a netball match - School Staff v the Year 5 & 6 Netball Teams.

Having trained so hard all term, the Year 5 &6 girls were able to demonstrate their skills and knowledge of the game, however, staff had the height advantage and the audience were blown away by Mr Brown's stunning ability to score goals from the edge of the circle.

Term 2 has literally kicked off the football season with Extended Learning Opportunities offered to all children in Years 1 to 6. Our next external event will be the **Panaga Football Tournament on Sunday 17th February.**

In PE lessons children in Foundation Stage 2 to Year 2 are continuing to work on basic skills, while Year 4 have been introduced to the game of hockey.

Years 5 and 6 are revisiting the 'over the net' game of table tennis and are looking forward to their internal Year Group Championship, as is Mr Donald who is perfecting his spin shot!

Children in Years 1 to 3 are entering their last few weeks of swimming lessons with excellent progress having been made by all.

Overall children are continuing to show fantastic enthusiasm in their swimming sessions. A very generous staffing ratio is aiding the rapid development of this life skill.

Letters for children in Years 4, 5 & 6 will be coming home shortly sharing the arrangements for swimming lessons for the remainder of this year.

Watch out for these swimming events before the end of the school year:

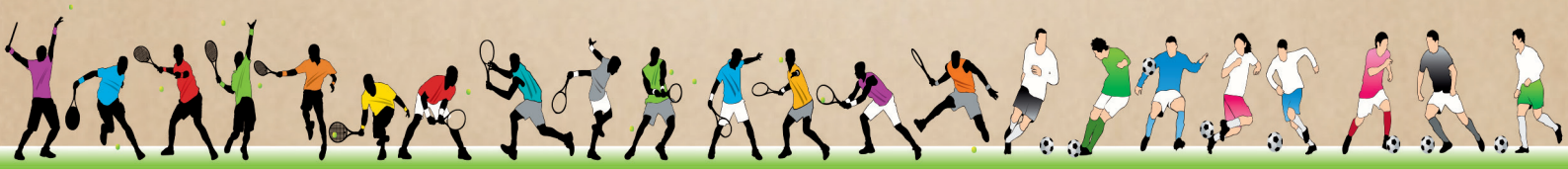
Thursday 13th June - JSL swimming gala

Wednesday 19th June - Children in Years 4, 5 & 6 internal swimming gala at the Garrison pool.

Live a healthy lifestyle. Turn off your iPad and go outside!

Remember children need at least

60

minutes of exercise every day!

In the next issue we will provide you with a full round up of photos and results from the Annual Panaga Football Tournament plus an update on the 100m swimming